



Patient Instructions
MRI Scan

Affix Label Here
Name: _____
Date of Birth: _____
PTID: _____

What is an MRI scan?

MRI (magnetic resonance imaging) is a test that uses a magnetic field and radio pulse wave energy to produce images. It does not use radiation.

How do I prepare for an MRI scan?

Plan to arrive 30 minutes prior to your scheduled appointment time. Your prep will depend on the area of your body being scanned.

MRI of abdomen or pelvis, **DO NOT** eat or drink for 2 hours prior to your appointment

MRI of breast or MRI breast biopsy, **DO NOT** eat or drink for 2 hours prior to your appointment

No prep is required for any other body parts.

- If you have a port surgically inserted outside Karmanos or the DMC, please bring your port identification card or documentation of the port.
- If you are claustrophobic and require anti-anxiety medication, please contact your physician prior to your appointment for a prescription. **We cannot prescribe or supply medication, unless you have a driver.**
 - Upon arrival, inform staff of any medications you may have for anxiety or other issues and they will provide you instructions of when to take.

You will need a driver if you take any medications during your exam.

- **Please avoid wearing any jewelry, as it will need to be removed.**

What can I expect?

- Once you arrive, you will be asked to fill out screening history forms. A technologist will review your history, looking for any implanted devices or metal. **Bring medical documents explaining any implanted devices you may have.**
- You will be asked to change into a hospital gown, pants and non-skid socks.
- You may also receive an injection of Gadolinium if requested by your doctor.
- You will be taken to the scan room and assisted onto a table where you will be asked to hold very still.

How long will the exam take?

- Most MRI studies take approximately 45 minutes per body part.

What will happen after the MRI scan?

- You will be able to resume normal activity after your scan. If needed, additional instructions will be given before you leave.

If you have any questions or concerns, call your clinic weekdays between 8 a.m. and 4:30 p.m. _____
 After hours and weekends, call **1-800-KARMANOS (1-800-527-6266)**

Patient/Personal Representative Signature _____ Date _____ Time _____

Nurse Signature _____ Date _____ Time _____